

# July Menu

Lincoln Eliot | SFSP Breakfast Summer 2026

| Monday                                                                         | Tuesday                                                                          | Wednesday                                                            | Thursday                                                                                     | Friday                                                                 |
|--------------------------------------------------------------------------------|----------------------------------------------------------------------------------|----------------------------------------------------------------------|----------------------------------------------------------------------------------------------|------------------------------------------------------------------------|
| 1                                                                              | 2                                                                                | 3<br>No Service                                                      | 4<br>No Service                                                                              | 5<br>No Service                                                        |
| 6<br><b>Apple Muffin</b><br>String Cheese<br>Assorted Fruit<br>Milk            | 7<br><b>Breakfast Burrito</b><br>Assorted Fruit<br>Milk                          | 8<br><b>Pancake Bites</b><br>Yogurt<br>Assorted Fruit<br>Milk        | 9<br><b>Mini Waffles with Blueberry Topping</b><br>Chicken Sausage<br>Assorted Fruit<br>Milk | 10<br><b>WG Croissant</b><br>String Cheese<br>Assorted Fruit<br>Milk   |
| 13<br><b>Blueberry Muffin</b><br>String Cheese<br>Assorted Fruit<br>Milk       | 14<br><b>French Toast</b><br>Turkey Sausage<br>Assorted Fruit<br>Milk            | 15<br><b>Breakfast Bento Box</b><br>Assorted Fruit<br>Milk           | 16<br><b>Egg &amp; Cheese English Muffin</b><br>Assorted Fruit<br>Milk                       | 17<br><b>Fudge Pop Tart</b><br>String Cheese<br>Assorted fruit<br>Milk |
| 20<br><b>Pancake Bites</b><br>Yogurt<br>Assorted Fruit<br>Milk                 | 21<br><b>Egg &amp; Cheese Croissant</b><br>Assorted Fruit<br>Milk                | 22<br><b>WG Croissant</b><br>String Cheese<br>Assorted Fruit<br>Milk | 23<br><b>French Toast</b><br>Turkey Sausage<br>Assorted Fruit<br>Milk                        | 24<br><b>WG Bagel</b><br>String Cheese<br>Assorted Fruit<br>Milk       |
| 27<br><b>WG Croissant</b><br>String Cheese<br>Assorted Fruit<br>Milk           | 28<br><b>Egg &amp; Cheese English Muffin</b><br>Yogurt<br>Assorted Fruit<br>Milk | 29<br><b>Breakfast Bento Box</b><br>Assorted Fruit<br>Milk           | 30<br><b>Mini Pancakes</b><br>Chicken Sausage<br>Assorted Fruit<br>Milk                      | 31<br><b>WG Bagel</b><br>String Cheese<br>Assorted Fruit<br>Milk       |
| <b>Weekly Cereal Choices</b>                                                   |                                                                                  |                                                                      |                                                                                              |                                                                        |
| <u>7/6 – 7/10</u><br>Reduced Sugar<br>Cinnamon Toast Crunch<br><br>WG Cheerios | <u>7/13 - 7/17</u><br>Reduced Sugar<br>Cocoa Puffs<br><br>WG Cheerios            | <u>7/20 – 7/24</u><br>WG Cheerios<br><br>Golden Grahams              | <u>7/27 – 7/31</u><br>Reduced Sugar<br>Frosted Flakes<br><br>WG Cheerios                     | <b>All Cereals are served with String Cheese Assorted Fruit Milk</b>   |

# August Menu

Lincoln Eliot | SFSP Breakfast Summer 2026

| Monday                                                                           | Tuesday                                                                       | Wednesday                                                             | Thursday                                                                                         | Friday                                                                       |
|----------------------------------------------------------------------------------|-------------------------------------------------------------------------------|-----------------------------------------------------------------------|--------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------|
| <b>Apple Muffin</b> <sup>3</sup><br>String Cheese<br>Assorted Fruit<br>Milk      | <b>Breakfast Burrito</b> <sup>4</sup><br>Assorted Fruit<br>Milk               | <b>Pancake Bites</b> <sup>5</sup><br>Yogurt<br>Assorted Fruit<br>Milk | <b>Waffles with Blueberry Topping</b> <sup>6</sup><br>Chicken Sausage<br>Assorted Fruit<br>Milk  | <b>WG Croissant</b> <sup>7</sup><br>String Cheese<br>Assorted Fruit<br>Milk  |
| <b>Blueberry Muffin</b> <sup>10</sup><br>String Cheese<br>Assorted Fruit<br>Milk | <b>French Toast</b> <sup>11</sup><br>Turkey Sausage<br>Assorted Fruit<br>Milk | <b>Breakfast Bento Box</b> <sup>12</sup><br>Assorted Fruit<br>Milk    | <b>Waffles with Blueberry Topping</b> <sup>13</sup><br>Chicken Sausage<br>Assorted Fruit<br>Milk | <b>Fudge Pop Tart</b> <sup>14</sup><br>Assorted fruit<br>Milk                |
|                                                                                  |                                                                               |                                                                       |                                                                                                  |                                                                              |
|                                                                                  |                                                                               |                                                                       |                                                                                                  |                                                                              |
|                                                                                  | Weekly Cereal Choices                                                         |                                                                       |                                                                                                  |                                                                              |
| <u>8/3 – 8/7</u><br>Reduced Sugar<br>Cinnamon Toast<br>Crunch<br><br>WG Cheerios | <u>8/10 – 8/14</u><br>Reduced Sugar<br>Cocoa Puffs<br><br>WG Cheerios         |                                                                       |                                                                                                  | All Cereals<br>are served<br>with String<br>Cheese<br>Assorted<br>Fruit Milk |

# July Menu

Lincoln Eliot | SFSP Lunch Summer 2026

| Monday                                                                                                                                                | Tuesday                                                                             | Wednesday                                                                                                                                                      | Thursday                                                                                             | Friday                                                                                           |
|-------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------|
| <b><u>Daily Option</u></b><br><br><b>Sun butter &amp; Jelly Sandwich</b> w/<br>cheese stick,<br>goldfish crackers,<br>fruit, cold<br>vegetable & milk |                                                                                     | 1<br><br><b>No Service</b>                                                                                                                                     | 2<br><br><b>No Service</b>                                                                           | 3<br><br><b>No Service</b>                                                                       |
| 6<br><br><b>Chicken nuggets</b><br>Tater Tots<br>Fruit & Milk                                                                                         | 7<br><br><b>Turkey &amp; Cheese Sandwich</b><br>Celery Sticks<br>Fruit & Milk       | 8<br><br><b>Muffin Fun Lunch</b><br>With Yogurt, Cheese<br>Stick<br>Baby Carrots<br>Fruit & Milk                                                               | 9<br><br><b>Chicken Meatballs</b><br>Subs<br>Mixed Vegetables<br>Fruit & Milk                        | 10<br><br><b>French Bread Pizza</b><br>Potato Tots<br>Cucumber Coins<br>Fruit & Milk             |
| 13<br><br><b>Beef Hot Dog</b><br>Potato Smiles<br>Broccoli Salad<br>Fruit & Milk                                                                      | 14<br><br><b>Hummus Bento Box</b><br>Carrot & Celery<br>Sticks<br>Fruit & Milk      | 15<br><br><b><u>Field Trip Day</u></b><br><br><b>Pretzel Fun Lunch</b><br>Yogurt & Cheese<br>Stick<br>Celery Sticks<br>Fruit & Milk                            | 16<br><br><b>Tuna Salad Sandwich w/</b><br>Cheddar Cheese<br>Cubes<br>Grape Tomatoes<br>Fruit & Milk | 17<br><br><b>Chicken &amp; Cheese Quesadilla</b><br>Corn<br>Salsa, Sour<br>Cream<br>Fruit & Milk |
| 20<br><br><b>Turkey Ham &amp; Cheese Sandwich</b><br>Cucumber Coins<br>Fruit & Milk                                                                   | 21<br><br><b>Chicken Tenders &amp; Waffles</b><br>Sweet Potato Trax<br>Fruit & Milk | 22<br><br><b>Cereal Fun Lunch</b><br>Yogurt & Cheese<br>Stick<br>Celery Sticks<br>Fruit & Milk                                                                 | 23<br><br><b>BBQ Chicken Wrap</b><br>Confetti Coleslaw<br>Fruit & Milk                               | 24<br><br><b>Big Daddy's Pizza</b><br>Ceasar Salad<br>Fruit & Milk                               |
| 27<br><br><b>Cheeseburger</b><br>Crinkle Fries<br>Baked Beans<br>Fruit & Milk                                                                         | 28<br><br><b>Chicken Caesar Wrap</b><br>Cucumber Coins<br>Fruit & Milk              | 29<br><br><b><u>Field Trip Day</u></b><br><br><b>Sun butter &amp; Jelly Sandwich</b> w/ cheese<br>stick, goldfish crackers,<br>fruit, cold vegetable<br>& milk | 30<br><br><b>Nacho Fun Lunch</b><br>Black Bean & Corn<br>Salad<br>Fruit & Milk                       | 31<br><br><b>Cheese Steak Sweet potato Fries</b><br><b>Carrots</b><br>Fruit & Milk               |

# August Menu

Lincoln Eliot | SFSP Lunch Summer 2026

| Monday                                                                                                                                    | Tuesday                                                                                                | Wednesday                                                                                                                   | Thursday                                                                         | Friday                                                                                   |
|-------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------|------------------------------------------------------------------------------------------|
| <b>Pizza Crunchers</b> <sup>3</sup><br>Dinner roll<br>Caesar Salad<br>Fruit & Milk                                                        | <b>Pretzel Fun Lunch</b> <sup>4</sup><br>W/ Yogurt &<br>Cheese Stick<br>Cucumber Coins<br>Fruit & Milk | <b>Crispy Chicken Sandwich</b> <sup>5</sup><br>Sweet Potato Fries<br>Fruit & Milk                                           | <b>Turkey &amp; Cheese Sandwich</b> <sup>6</sup><br>Potato Salad<br>Fruit & Milk | <b>Big Daddy's Pizza</b> <sup>7</sup><br>Ceasar Salad<br>Fruit & Milk                    |
| <b>Chicken Meatballs</b> <sup>10</sup><br>w/ Pasta<br>Peas<br>Fruit & Milk                                                                | <b>Chicken Salad Wrap</b> <sup>11</sup><br>Confetti Coleslaw<br>Fruit & Milk                           | <b>Field Trip Day</b> <sup>12</sup><br><b>Muffin Fun Lunch</b><br>With Yogurt, Cheese Stick<br>Baby Carrots<br>Fruit & Milk | <b>Nacho Fun Lunch</b> <sup>13</sup><br>Black Bean & Corn Salad<br>Fruit & Milk  | <b>French Bread Pizza</b> <sup>14</sup><br>Potato Tots<br>Cucumber Coins<br>Fruit & Milk |
|                                                                                                                                           |                                                                                                        |                                                                                                                             |                                                                                  |                                                                                          |
|                                                                                                                                           |                                                                                                        |                                                                                                                             |                                                                                  |                                                                                          |
| <u><b>Daily Option</b></u><br><br><b>Sun butter &amp; Jelly Sandwich</b> w/ cheese stick, goldfish crackers, fruit, cold vegetable & milk |                                                                                                        |                                                                                                                             |                                                                                  |                                                                                          |