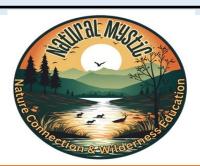
Wilderness Education for Middle Schoolers

At Nahanton Park
Nature Center
455 Nahanton St.
Newton Centre, MA
Contact Info:
hpeterson@newtonma.gov



Session 1: August 12 - 16th, 2024 (Level 1)

Session 2: August 19 - 23, 2023 (Level 2)

Learn skills and Build Knowledge to Survive in the Wilderness

Level 1

- Safely prepare a site for building a fire
- ♦ Start a fire without using matches
- Construct a shelter using leaves and branches
- ♦ Carving methods (knife use, handling and safety)
- ♦ Tool crafting
- Navigate the forest without a map or compass
- Make cordage (string/rope) from plants
- Identify wild edible plants as well as medicinal plants we find in the forest.
- Sensory Awareness Techniques and Routines

<u>Level 2</u> (must have participated in level 1 the week before or in previous summers in order to participate)

- Advanced Fire Building (new techniques not included in level 1)
- Advanced Shelter Building using materials from the natural world
- Navigating using a map and compass
- ♦ Tool Crafting (traps, snares, different types of spear)
- Introduction to basic bow and arrow and atlatl creation if time allows**
- Basic Wildlife Tracking
- Sensory Awareness Activities
- ♦ Sit Spot
- ♦ Medicinal Plants (exposure to more medicinal plants and their uses than level 1)

Important Information

- For youth going into 6th—9th grade in the Fall.
- This program runs Monday through Friday from 9:00 3:00 and is held outdoors rain or shine.
- New Participants may register for Session 1, and Session 2 registration is open to anyone who has participated in the Wilderness Survival program in the past.
- Session Fee is \$415.00 A \$30.00 non refundable deposit is due with the registration.

