

July Menu

Lincoln Eliot | SFSP Breakfast Summer 2026

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3 No Service	4 No Service	5 No Service
6 Apple Muffin String Cheese Milk	7 Breakfast Burrito Milk	8 Pancake Bites Yogurt Apples Milk	9 Mini Waffles with Blueberry Topping Chicken Sausage Pineapple Milk	10 Croissant String Cheese Bananas Milk
Weekly Fruit Options: Apples, Oranges				
13 WG Bagel Cream Cheese String Cheese Apples Milk	14 French Toast Turkey Sausage Peaches Milk	15 Breakfast Bento Box Oranges Milk	16 Egg & Cheese English Muffin apples Milk	17 Blueberry Muffin String Cheese peaches Milk
Weekly Fruit Options: Apples, Oranges				
20 Pancake Bites Yogurt Milk	21 Egg & Cheese Croissant Milk	22 Nutri-grain Bar String Cheese Milk	23 French Toast Turkey Sausage Milk	24 WG Bagel Cream Cheese String Cheese Milk
Weekly Fruit Options: Canned Pears, Bananas				
27 WG Croissant String Cheese Milk	28 Egg & Cheese English Muffin Yogurt Milk	29 Breakfast Bento Box Milk	30 Mini Pancakes Chicken Sausage Milk	31 WG Bagel Cream Cheese String Cheese Milk
Weekly Fruit Options: Apples, Mixed fruit				
Weekly Cereal Choices				
7/6 – 7/10 Reduced Sugar Cinnamon Toast Crunch WG Cheerios Trix Cereal Bar	7/13 - 7/17 Reduced Sugar Cocoa Puffs WG Cheerios Trix Cereal Bar	7/20 – 7/24 WG Cheerios Golden Grahams	7/27 – 7/31 Reduced Sugar Frosted Flakes WG Cheerios	All Cereals are served with String Cheese Applesauce Milk

1% Milk or Fat Free Choc Milk offered Daily
All Breakfasts must include a Fruit
* Menu is subject to change

chartwells
serving up happy & healthy

August Menu

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Monday	Tuesday	Wednesday	Thursday	Friday
Apple Muffin ³ String Cheese Apples Milk	Breakfast Burrito ⁴ oranges Milk	Pancake Bites ⁵ Yogurt Apple Juice Milk	Waffles with Blueberry Topping ⁶ Chicken Sausage Bananas Milk	WG Croissant ⁷ String Cheese oranges Milk
Weekly Fruit Options: Apples, Bananas				
Blueberry Muffin ¹⁰ String Cheese orange Milk	French Toast ¹¹ Turkey Sausage Milk	Breakfast Bento Box ¹² Milk	Waffles with Blueberry Topping ¹³ Chicken Sausage Milk	Fudge Pop Tart ¹⁴ Milk
Weekly Fruit Options: Apples, Oranges				
Weekly Cereal Choices				
<u>8/3 – 8/7</u> Reduced Sugar Cinnamon Toast Crunch WG Cheerios	<u>8/10 – 8/14</u> Reduced Sugar Cocoa Puffs WG Cheerios			All Cereals are served with String Cheese Applesauce Milk

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Monday	Tuesday	Wednesday	Thursday	Friday
<u>Daily Option</u> Sun butter & Jelly Sandwich w/ cheese stick, goldfish crackers, applesauce, Baby carrots & milk	Tuna Salad Sandwich w/ Cheese Cubes Grape Tomatoes Milk	No Service	No Service	No Service
Chicken nuggets Tater Tots Milk	Turkey & Cheese Sandwich Celery Sticks Milk	Muffin Fun Lunch With Yogurt, Cheese Stick Baby Carrots Milk	Chicken Meatballs Subs Mixed Vegetables Milk	French Bread Pizza Potato Tots Cucumber Coins Milk
Weekly Fruit Options: Apples, Oranges,				
Beef Hot Dog Potato Smiles Broccoli Salad Milk	Tuna Salad Sandwich w/ Cheese Cubes Grape Tomatoes Milk	<u>Field Trip Day</u> Bagel Fun Lunch Yogurt, Cheese Stick Celery Sticks Milk	Hummus Bento Box Carrot & Celery Sticks Milk	Beef Hard Shell Taco Corn Salsa, Sour Cream Milk
Weekly Fruit Options: Apples, Canned Pears				
Turkey Ham & Cheese Sandwich Cucumber Coins Milk	Chicken Tenders & Waffles Sweet Potato Trax Milk	Cereal Fun Lunch Yogurt & Cheese Stick Celery Sticks Milk	BBQ Chicken Wrap Confetti Coleslaw Milk	Big Daddy's Pizza Ceasar Salad Milk
Weekly Fruit Options: Oranges, Canned Pineapple				
Cheeseburger Crinkle Fries Baked Beans Milk	Chicken Caesar Wrap Cucumber Coins Milk	<u>Field Trip Day</u> Sun butter & Jelly Sandwich w/ cheese stick, goldfish crackers, fruit, cold vegetable & milk	Nacho Fun Lunch Black Bean & Corn Salad Milk	Cheese Steak Sweet potato Fries Carrots Milk
Weekly Fruit Options: Apples, Canned Peaches				

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Monday	Tuesday	Wednesday	Thursday	Friday
Pizza Crunchers Dinner Roll Caesar Salad Milk	Pretzel Fun Lunch W/ Yogurt & Cheese Stick Cucumber Coins Milk	Crispy Chicken Sandwich Sweet Potato Fries Milk	Turkey & Cheese Sandwich Potato Salad Milk	Big Daddy's Pizza Ceasar Salad Milk
Weekly Fruit Options: Oranges, Canned Pears				
Chicken Meatballs w/ Pasta Peas Milk	Chicken Salad Wrap Confetti Coleslaw Milk	Field Trip Day Muffin Fun Lunch With Yogurt, Cheese Stick Baby Carrots Milk	Nacho Fun Lunch Black Bean & Corn Salad Milk	French Bread Pizza Potato Tots Cucumber Coins Milk
Weekly Fruit Options: Apples, Mixed Fruit				
<u>Daily Option</u> Sun butter & Jelly Sandwich w/ cheese stick, goldfish crackers, applesauce, Baby Carrots & milk				