

Counselor in Training Programs

For youth going into grades 8–11



ALBEMARLE ACRES

NEWTON PARKS & RECREATION

At Franklin School
Monday - Friday 8:30 - 3:30

First Year CIT

Session 1: 7/7-7/18

Session 2: 7/21-8/1

Session 3: 8/4-8/15

Returning CIT

Session 1: 7/7-7/25

Session 2: 7/28-8/15



At Bowen School
Monday - Friday 8:30 - 3:30

First Year CIT

Session 1: 7/7-7/18

Session 2: 7/21-8/1

Session 3: 8/4-8/15

Returning CIT

Session 1: 7/7-7/25

Session 2: 7/28-8/15



NEWTON
Parks & Recreation



At Mason Rice School
Monday - Friday 8:30 - 3:30

New CIT

Session 1: 7/7-7/18

Session 2: 7/21-8/1

Returning CIT

Session 1: 6/30-7/18

Session 2: 7/21-8/8



At Nahanton Park
Monday - Thursday 9:00-1:00

First and Returning CIT

Session 1: 6/30-7/10

Session 2: 7/14-7/24

Session 3: 7/28-8/7

Registration opens January 29, 2025 for Newton residents
online at www.newtonmarec.com

Who can be a CIT?

CIT's are youth who are 13 to 16 years old and will be entering 8th - 11th grade in the Fall.

CIT's feel they are too old to be a camper but are not yet old enough or experienced enough to be a counselor.

This is an apprenticeship program where CIT's learn by doing. CIT's work directly with the counselors and campers at their program. Ages of campers varies by program, but generally include children in Kindergarten through 6th grade.

First year vs returning CIT

First year CIT's are new to being a CIT with Newton Parks and Recreation. They will participate in a 2 week training session to learn valuable skills and work with campers at their program. Daily trainings with the CIT Director help to teach and reinforce skills.

Returning CIT's have already participated in a Newton Parks and Recreation CIT program in a previous year. They will use their session time to continue developing their camp counselor skills.

What are the advantages of being a CIT?

- Gain experience working with children
- Improve on your leadership and activity planning knowledge
- Develop time management and problem solving skills
- Practice interviewing
- Explore future career possibilities in childcare
- Job training if interested in future employment at a camp

Training topics include:

- Working at a Day Camp
- Camper Safety and First Aid
- Child Development
- Group Dynamics
- Behavior Management
- Leadership Styles
- Attendance and Keeping Track of Your Campers
- Activity Planning
- How To Be A Great Counselor
- Preparing For Interviews

To the world you are one person, but to one person, you may just be the world.
Make an impact this summer by becoming a CIT.